#### **BEGINNING IN BISCAY**

#### A full day seminar at CA House, Limehouse, London EC14 8BT

Saturday January 13th 2024 11.00 - 17.00

10.30 -11.00 Coffee and Registration

The Biscay coast of France is an excellent cruising ground, with quiet anchorages to explore, lovely islands, beautiful beaches, and the opportunity to moor your boat close to the centre of historic towns such as Vannes, La Rochelle or St Martin de Ré.

Beginning in Biscay provides an insight into cruising south of the Chenal du Four. Whether you are planning to return to your home port at the end of the season, are interested in taking time to discover the delights of this region, or are making your way towards the Mediterranean, this seminar will provide you with the information needed to make the best of your time.

The event will cover the resources to help you plan your cruise. The presenters and our section secretaries will be available to answer any questions you may have throughout the seminar.

11.00 Welcome and Introduction, followed by:

## Nick Chavasse - Atlantic France pilot guide

The relevance of a pilot book in the digital age, navigation lessons learned whilst researching the pilot book and a tourist guide to the area for the cruising yachtsman.

Nick is the author of the recently updated pilot guide for the coastline of Atlantic France, cruising Ouessant to the Spanish Border works for the Royal Cruising Club Pilotage Foundation and is currently Commodore of the Royal Cruising Club. He has been cruising for over 30 years in western Europe and always finds himself back in Brittany. Nick is also a dinghy and cruising instructor and sails a Bowman 40, Wild Bird.

### Samantha Steele - How to get the best from CAptain's Mate.

Samantha is a lead developer for CAptain's Mate, an invaluable and award winning tool for cruise planning, and has been involved with the project from the outset. She also has considerable sailing experience is the author of the UK and Ireland Circumnavigators Guide and cruises Baltic waters during the summer months.

13.00- 14.00 Lunch

#### Judith Grimwade - Cruising to western France within the constraints of 90 in 180 days

Judith needs no introduction having been Biscay Section Secretary for many years and very well known to all who cruise in and around Biscay. Her considerable experience of the area is put to good use in this presentation, which includes a variety of options to overcome the 90 in 180 day constraints and details on Ports of Entry and procedures.

# **Rex Frost - Keeping your boat in Atlantic France.**

Rex has been a ships navigator, a science teacher and for many years an RYA Senior Instructor and Cruising Instructor. He is a past Commodore of Exe SC and still races a dinghy on the Exe. He spends the summer cruising with his wife in their yacht, which is based on the River Vilaine in southern Brittany.

1630 / 1700 Review plus any questions

The cost of the seminar includes a hot two course buffet lunch and tea/coffee etc.

Publishers Imray will also be attending the Seminar, along with a selection of their latest publications.

The galley bar will be open after the close of the seminar. Why not stay on for a drink and a chat?